

# COURSE NOTES (FULL)

## TERRA NOVA 24



### START INFORMATION

- Leave bikes at race HQ, Race Briefing 1030hrs, Gear hand in from 0900hrs,
- Walk to start location with your paddle gear for Leg 1A and Trekking gear for leg 1B (1.2km - allow 20 mins), Start 1130hrs.






















LEG 1A	6.5 km	Elevation Gain 0m	PADDLE HARE BAY
	<b>Fastest</b> estimate = 0:55 hrs <b>To Finish</b> estimate = 1:40 hrs  Team Estimate:	 G,H	<ul style="list-style-type: none"> <li>Collect kayaks at Start. Some teams will start on 1A and remainder on 1B, then swap.</li> <li><b>FIRST RESPONSE</b> - Wave paddles vertically to attract safety craft. Use Phone in emergency.</li> <li>Team kayaks must stay within 100m of each other - safety officials will be checking</li> <li>Collect ALL CPs in ANY Order on this section.</li> <li>Collecting CPs from Leg 1B prohibited while on Leg 1A.</li> <li>On completion of leg carry kayak and paddle gear to designated area.</li> <li>If kayaking is canceled. Complete Leg 1B only - start and finish at HQ, no CP1</li> </ul>
LEG 1B	7.5 km	Elevation Gain 0m	TREK CALLALA BAY
	<b>Fastest</b> estimate = 1:15 hrs <b>To Finish</b> estimate = 2:10 hrs  Team Estimate:	 A,B,C,D, E,F, (1), TA1	<ul style="list-style-type: none"> <li>Coastal trek / coasteering.</li> <li>Teams must trek on rocks/ tidal zone vicinity CP C.</li> <li>CAUTION - Possible short swims / wading in estuary.</li> <li>Collect ALL CPs in ANY Order on this section.</li> <li>Collecting CPs from Leg 1A prohibited while on Leg 1B.</li> <li>After completion of 1A &amp; 1B, punch CP1, return to HQ with all your equipment to TA1</li> </ul>
TA 1			<ul style="list-style-type: none"> <li>Place paddle bags in 'Ready to Go' area before departing.</li> <li>Copy CPs for Leg 2 at this transition.</li> </ul>
LEG 2	6 km	Elevation Gain 0m	MTB TO MURRAYS BEACH
	<b>Fastest</b> estimate = 0:20 hrs <b>To Finish</b> estimate = 0:35 hrs  Team Estimate:	 2, TA2	<ul style="list-style-type: none"> <li>CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sides and paths where possible, give way to pedestrians.</li> <li>Collect all CPs in order.</li> </ul>
TA 2			<ul style="list-style-type: none"> <li>Leave bikes as directed - you will return to this TA.</li> <li>Copy CPs for Leg 3 at this transition.</li> <li>Collect 2 control cards that are specific to Leg 3 only. Officials will check on your return.</li> </ul>
LEG 3	3.5 km	Elevation Gain 0m	SPLIT TREK - MYOLA
	<b>Fastest</b> estimate = 0:35 hrs <b>To Finish</b> estimate = 1:00 hrs  Team Estimate:	 I,J	<ul style="list-style-type: none"> <li>OPTIONAL - Teams of 4 may split into two pairs and Teams of 2 may split into solos.</li> <li>Collect CPs I &amp; J. For this leg only you may split and collect these CPs separately.</li> <li>Use separate control cards for this leg if your team chooses to split.</li> <li>Return to TA2</li> </ul>
LEG 4	16 km	Elevation Gain (little bit)	MTB TO COONDOO
	<b>Fastest</b> estimate = 1:00 hrs <b>To Finish</b> estimate = 1:50 hrs  Team Estimate:	 3,4,5,6, TA3	<ul style="list-style-type: none"> <li>CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sides and paths where possible, give way to pedestrians.</li> <li>Collect all CPs in order.</li> <li>Some overgrown trails in vicinity CP5.</li> </ul>
TA 3			<ul style="list-style-type: none"> <li>Leave bikes as directed - you will return to this TA after leg 5 and 6.</li> <li>Copy CPs for Leg 5, complete and return.</li> <li>THEN Copy CPs for Leg 6, complete and return.</li> <li>Place box in 'Ready to Go' area before final departure.</li> </ul>

# COURSE NOTES (FULL)

## TERRA NOVA 24



**AR**  
OCEANIA SERIES

LEG 5		8.5 km	Elevation Gain 0m		COONDOO SINGLE TRACK	
	<b>Fastest</b> estimate = 0:45 hrs <b>To Finish</b> estimate = 1:15 hrs				<ul style="list-style-type: none"><li>▶ Loop mountain bike returning to start location at TA3.</li><li>▶ <b>CAUTION</b> - Single track and technical riding on this leg.</li><li>▶ Collect all CPs in order.</li></ul>	
	Team Estimate:			7,8,9,10,11		
LEG 6		6.5 km	Elevation Gain (a little)		COONDOO TREK	
	<b>Fastest</b> estimate = 1:20 hrs <b>To Finish</b> estimate = 2:10 hrs				<ul style="list-style-type: none"><li>▶ Loop trek returning to start location at TA3.</li><li>▶ Collect all CPs in order.</li></ul>	
	Team Estimate:			12,13,14,15,16		
LEG 7		25 km	Elevation Gain (not much)		COONDOO TO COONEMIA CK	
	<b>Fastest</b> estimate = 1:50 hrs <b>To Finish</b> estimate = 3:10 hrs				<ul style="list-style-type: none"><li>▶ <b>CAUTION</b> - Single track and technical riding on this leg.</li><li>▶ Collect CP17 in order. Collect CPs K,L,M in any order.</li><li>▶ Leave bikes on North side Coonemia ck at trail end, use kayaks to cross, NO swimming. Use rope to pull kayak from one side of creek to the other. Note - half course take their bikes to the TA, but full course leave them at trail end.</li></ul>	
	Team Estimate:			17,K,L,M,TA4		
TA 4						<ul style="list-style-type: none"><li>▶ You will return to this TA after leg 8</li><li>▶ Copy CPs for Leg 8 &amp; 9 at this transition.</li><li>▶ You must complete the "Mystery Challenge" &amp; punch card prior to final departure.</li><li>▶ Place kayak equipment in 'Ready to Go' area before final departure.</li></ul>
LEG 8		12 km	Elevation Gain 0m		PADDLE COONEMIA CK/ WOOLUMBOOLA LAKE	
	<b>Fastest</b> estimate = 2:00 hrs <b>To Finish</b> estimate = 3:00 hrs				<ul style="list-style-type: none"><li>▶ <b>FIRST RESPONSE</b> - Move or swim to the shore. Use Phone in emergency.</li><li>▶ Collect 5 of 6 CPs in ANY Order on this leg.</li><li>▶ Return kayaks to TA.</li></ul>	
	Team Estimate:			N,O,P,Q,R,S		
LEG 9		12 km	Elevation Gain (not much)		COONEMIA CK TO SUPERBOWL	
	<b>Fastest</b> estimate = 0:50 hrs <b>To Finish</b> estimate = 1:30 hrs				<ul style="list-style-type: none"><li>▶ Use kayaks to cross to North side Coonemia ck, NO swimming. Use rope to pull kayak from one side of creek to the other. Collect bikes at trail end.</li><li>▶ Collect CP18 in order.</li></ul>	
	Team Estimate:			18, TA5		
TA 5		 				<ul style="list-style-type: none"><li>▶ Leave bikes and box as directed - you will pick these up after the finish.</li><li>▶ Copy CPs for Leg 10 at this transition.</li></ul>
LEG 10		14 km	Elevation Gain (a little)		TREK	
	<b>Fastest</b> estimate = 3:10 hrs <b>To Finish</b> estimate = 5:30 hrs				<ul style="list-style-type: none"><li>▶ Collect all CPs in order.</li><li>▶ Finish Line.</li></ul>	
	Team Estimate:			19,20,21,22,FINISH		