

COURSE NOTES (FULL)






















TERRA NOVA 24



AR
OCEANIA SERIES

START INFORMATION

- Gear Drop open 0800-1000hrs, Race Briefing 1030hrs
- Race Starts 1200hrs

LEG 1	9 km	Elevation Gain 250m	HARBOUR COASTEER
	Fastest estimate = 1:15 hrs To Finish estimate = 2:15 hrs Team Estimate:	 1  A,B,C,D, E,F,G,H, HQ	► CAUTION - Slippery wet rocks, cliff edges, take care ► Coasteering Trek, short swims, only one person needs to collect water CPs ► Collect ALL CPs in ANY order
HQ	 		► Collect bike
LEG 2	13 km	Elevation Gain 255m	KINGS POINT
	Fastest estimate = 1:00 hrs To Finish estimate = 2:00 hrs Team Estimate:	 1  1,2,3,4,5, 6,TA1	► CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sides and paths where possible, give way to pedestrians ► Teams to use bikeways, urban roads, fire trails and MTB trails to navigate around Kings Point. Teams must use pathways to cross under Princess Highway ► Collect all CPs in order
TA 1	  		► Leave bikes as directed - you will return to this TA. ► Place kayak equipment in 'Ready to Go' area before final departure.
LEG 3	14 km	Elevation Gain 0m	BURRILL LAKE
	Fastest estimate = 2:00 hrs To Finish estimate = 4:00 hrs Team Estimate:	 1  I,J,K,L,M, N,TA1	► FIRST RESPONSE - Move or swim to the shore. Use Phone in emergency. ► Navigate around Lake Burrill to complete this leg. Do not drag kayaks, do not enter private property ► Collect all CPs in ANY order. ► If kayaks are unavailable proceed to Leg 4 and then return to complete leg 3
LEG 4	6 km	Elevation Gain 100m	DOLPHIN POINT
	Fastest estimate = 1:00 hrs To Finish estimate = 2:00 hrs Team Estimate:	 1  7,8,9,10, 11,TA1	► CAUTION - Slippery wet rocks, cliff edges, take care ► Navigate around the Dolphin Point foreshore to complete this leg ► Collect all CPs in order
LEG 5	27 km	Elevation Gain 760m	INTO THE HILLS
	Fastest estimate = 1:45 hrs To Finish estimate = 3:30 hrs Team Estimate:	 1,2,3  12,13,14, 15,16,17, TA2	► CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sides and paths where possible, give way to pedestrians ► Teams MUST use bike path along the Princess Highway, <u>not the Princess Highway</u> . Cross highway at MTB Park Entrance. ► Respect other MTB park users, follow trail direction arrows and signage to safely navigate park. ► Use the fire trails, paved and gravel roads to complete this leg ► Collect all CPs in order
TA 2			► Leave bikes as directed - you will return to this TA after leg 6 ► Copy CPs for Leg 6

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LEG 6	5 km	Elevation Gain 270m	THE HILLS
	Fastest estimate = 1:15 hrs To Finish estimate = 2:30 hrs Team Estimate:	3 O,P,Q,R,S,TA2	<ul style="list-style-type: none"> ▶ CAUTION - rough, steep terrain, some off trail travel on this leg ▶ Mark up CPs at TA and complete the trek leg ▶ Collect all CPs in ANY order.
LEG 7	28 km	Elevation Gain 630m	FLAT ROCK STATE FOREST
	Fastest estimate = 1:45 hrs To Finish estimate = 3:30 hrs Team Estimate:	2,3 18,19,20,21,TA3	<ul style="list-style-type: none"> ▶ CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sides and paths where possible, give way to pedestrians. ▶ Use the fire trails and gravel roads to complete this leg ▶ Collect all CPs in order
TA 3			<ul style="list-style-type: none"> ▶ Place bikes as directed, you will return to this TA after leg 8 ▶ Place Box B and kayak equipment in 'Ready to Go' area before final departure.
LEG 8	7 km	Elevation Gain 0m	TABOURIE CREEK
	Fastest estimate = 1:00 hrs To Finish estimate = 2:00 hrs Team Estimate:	2 22,23,24,TA3	<ul style="list-style-type: none"> ▶ FIRST RESPONSE - Move or swim to the shore. Use Phone in emergency. ▶ Navigate around Tabourie Creek to complete this leg ▶ CP 22, CP23 must be collected using kayaks. You may leave kayaks at any point to collect CP 24 only. ▶ Collect all CPs in order
LEG 9	9 km	Elevation Gain 100m	BIKE PATH TO DOLPHIN POINT
	Fastest estimate = 0:30 hrs To Finish estimate = 1:00 hrs Team Estimate:	1,2 25,TA1	<ul style="list-style-type: none"> ▶ CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sides and paths where possible, give way to pedestrians. ▶ Teams MUST use bike path along the Princess Highway, <u>not the Princess Highway</u>. ▶ Collect all CPs in order.
TA 1			<ul style="list-style-type: none"> ▶ Place Box A and bike equipment in 'Ready to Go' area before final departure.
LEG 10	8 km	Elevation Gain 100m	HOME RUN
	Fastest estimate = 1:20 hrs To Finish estimate = 2:40 hrs Team Estimate:	1 26,27,FINISH	<ul style="list-style-type: none"> ▶ CAUTION - Slippery wet rocks, cliff edges, take care ▶ Use the beach and coastal paths to complete Terra Nova 24! ▶ Collect all CPs in order